

# Health & Wellbeing

## Dance

### Higher



Course Length	1 year
Entry Requirements	National 5 (Grade A or B)
Intended Audience	S4-S6
Number of Units	4
Assignment/Added Value Unit	YES
Course Exam	YES

### Course Description

This course is aimed towards those who have a keen interest in Dance, allowing you the opportunity to develop and enhance your technique in a range of styles. You will undertake technique classes and learn set pieces in Jazz, Contemporary, Hip Hop, African and Scottish Highland dance. You will then further enhance your performance within two of your chosen specialist styles through a vigorous and intense training programme. You will also study the art of choreography and apply your skills towards producing a dance performance for two or more dancers utilising a theme of your choice.

### Expectations for Homework

Homework will be issued by your teacher and you should regularly revise key ideas and practise key skills.

### Skills Focus



### Additional Course Information

You must be able to choreograph a dance and teach it to a group of pupils. This happens out of class time and therefore you must be aware that this is an integral part of the course that you must pass. You will also get the opportunity to perform at a number of whole school and regional events over the year and attend an Active Futures Dance Day. A formal exam will then be completed at the end of the year to evaluate both the choreography performance and your set routines. This is followed by a written evaluation exam.

It can be selected for study as a curricular course (5 periods per week) or during core PE and WAO time (4 periods per week). There is an expectation to attend extra-curricular to improve performance skills.